

RITUALS & TREATMENTS

f Areenaspa | 064 684 7784 | areenaspa@gmail.com | OPEN: Tuesday to Saturday 09:00 - 17:00

Facial Rituals & Treatments

HYDRATING & REJUVENATING FACE RITUAL 60 mins R340

An anti-oxidant treatment to help minimize the appearance of fine lines and wrinkles, while feeding the skin with deep hydration and nourishment.

BALANCING BEAUTY FACE RITUAL 60 mins R340

An effective skin treatment developed to restore, purify and revitalise the skin with the use of Neroli and Rose essential oils.

MENS FACIAL TREATMENT 60 mins R320

To energise, balance and protect the skin on a deeper level, with Neroli and Rose balancing serum. Your skin will be noticeably brighter and revitalised.

CLEAN & CLEAR TEEN FACIAL TREATMENT 60 mins R280

To help regulate oil secretion whilst refining pores with this deep cleansing facial. Unique natural serums are used to encourage healing, decongestion and clear skin.

THE QUICK TREAT FACIAL RITUAL 30 mins R250

This facial treatment is specially designed for the time conscious and is tailored to your specific skin care needs.

Gorgeous Eyebrows & Eyelashes

Eyebrow tint	R45	Eyebrow & eyelash tint	R85
Eyelash tint	R60	Eyebrow, eyelash tint & wax	R150

Waxing Services

Lip	R50	Face	R150
Chin	R50	Half leg	R120
Eyebrow	R60	Three quarter leg	R140
Underarm	R70	Full leg	R180- R200
Half arm	R90	Full Leg incl. basic bikini	R220
Full arm	R120	Hollywood	R200
Basic bikini	R100	Chest/back	R200
Brazilian	R160		

Massage Rituals

PURE BEING MASSAGE RITUAL 90 mins R500

A full body massage including a facial cleanse and scalp massage.

PURE BLISS BACK MASSAGE 45 mins R270

A back, neck, scalp and shoulder massage to release tension, invigorate and rejuvenate a tired back.

SWEDISH FULL BODY MASSAGE 60 mins R350

A Swedish massage to invigorate your muscles, increase blood circulation and release your tension.

DEEP TISSUE MASSAGE 30 mins R270/60 mins R400

A massage to target deeper muscle layers with firm pressure focused on specific areas.

AROMATHERAPY FULL BODY MASSAGE 60 mins R380

A wonderfully relaxing massage enhanced with the benefits of essential oils to relax and heal your body and mind.

RELAXATION / UPLIFTING / ENERGISING

INDULGENCE SOY CANDLE MASSAGE 30 mins R340/60 mins R440

Using the wax of an aromatic Soy Candle, made from 100% soybean oil and infused with essential oils to promote moisturising, protective and healing effect on the skin.

HOT STONE MASSAGE 60 mins R380/90 mins R480

Hot stones and massage therapy soothe the soul and reduce stress and promote deep relaxation.

EARTH SOUL MASSAGE 60 mins R380

With the use of indigenous botanicals, a customised body massage designed to relax, detox or revitalise your mind, body and soul.

Your choice of:


Khalahari Melon Oil - Hydrating Treatment for intensive hydration and skin softening effects. Improves skin texture and tone. Full pampering from head to toe.

Coffee, Cinnamon and Orange Oil - Firming and detoxing Cellu-low Treatment which concentrates on cellulite reduction while feeling invigorated. Great results are achieved when treatment is used in conjunction with a weight loss and fitness programme.

African Potato - Repairing, healing and anti-oxidant rich treatment for all sensitive skin conditions (eczema, psoriasis, dermatitis and sun burned skin). Has firming and body contouring properties.

RELAX | UPLIFT | ENERGISE

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Healing Earth Specialised Body Rituals

Back Polish with Pure Bliss Back Massage	60 mins R420
Body Polish (before a treatment)	30 mins R200
Body Polish and Wrap with a mini facial	90 mins R600
Body Polish, wrap and Earth Soul Massage	120 mins R700

Treat your Hands

MANICURE CLASSIC 60 mins R190

A classic manicure to reshape the nails, neaten up the cuticles and massage moisture into the hands. Finished with a fresh coat of Varnish.

HANDPRINT CEREMONY 60 mins R220

Intensive therapy for dry hands. Hands are soaked, gently exfoliated, cuticles perfected, nails clipped, reshaped, buffed and polished. Your hands will be moisturised by a hydrating hand mask and massage. Finished with a fresh coat of Varnish.

PARAFFIN MANICURE 60 mins R220

Heat therapy paraffin wax combined with a classic manicure to leave your hands feeling silky soft.

Treat your Feet

PEDICURE CLASSIC 60 mins R200

A classic pedicure to refresh feet with a soak and gentle exfoliation. Cuticles are perfected, nails are clipped, reshaped, buffed and polished. Finished with a fresh coat of Varnish.

FOOTPRINT CEREMONY 90 mins R280

Spoil yourself and treat your feet. Dry heels and tired feet will be soaked while you enjoy a scalp massage. Feet are gently exfoliated, nails clipped, cuticles perfected, and hard skin is gently removed. Enjoy the hydrating foot mask, massage and a fresh coat of Varnish.

PARAFFIN PEDICURE 90 mins R250

Heat therapy paraffin wax combined with a classic pedicure to leave your feet feeling silky soft.

HUMAN KIND SPECIALISED PEDICURE 90 mins R250

Classic pedicure which includes a Human Kind foot peel, to remove dead skin cells from the soles of your feet, a foot soak and rejuvenating foot massage. Your feet will feel smoother and softer.

Gel Nails

Gel overlay - hands	R200
Gel overlay - feet	R220
Nail art	R10 - R15 per nail
Soak off	R70

Special Notes

LATE ARRIVALS: in fair consideration to all clients, your treatment duration will be reduced accordingly, unless we can accommodate the late arrival within the spa schedule.

ALLERGIES/ILLNESS: Please be sure to inform your therapist of any known allergies or current illnesses that may affect your treatment.

CANCELLATIONS: 24hour advance notice is required for cancellations. We will assist in rescheduling your appointment where possible.

Prices are subject to change without prior notice.

Couple treatments available on request and booked in advance.

Kiddies Spa Day Party Packages for your little beauty available on request.

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